



Retreat Catering Pricing 2016/2017

Let MAP Wellness nourish you and your clients with pure, delicious, and fabulous food.

Meg chooses to work only with the highest quality organic (when cost and logistics allow), sustainable and locally produced food available.

Feeding people is my passion. Creating nourishing food in a warm and personal environment is what I do. You will get what you pay for! Made with love, my food is high energy and vitally vibrant!

All prices below **include** food costs. I usually work at a minimum \$60/per person/day to maintain quality and to source the best ingredients. Fully raw vegan and other specialty menus will have a higher food cost, hence the varied prices.

Prices below include: menu plan (to be approved by you), food costs, all meals, service, & clean up.

Seven (7) night retreat

Includes: 7 breakfasts, 6 lunches, 7 dinners

\$45-\$70/person/day (US)
+ applicable taxes*

Again, prices will vary depending on your specific needs and menu choices. I am able to work with clients "where they are at", and once you choose to work with me, I promise that you and your guests will be nourished, fully.

If you are interested in an all-inclusive catering quote based on a shorter or longer program, or larger attendance, contact me with your specifics and I can develop a custom price plan for you.

** 50% deposit due at booking, remaining 50% payable at retreat closure.*